

Meetings are often held in different locations and at different times. If you are interested in attending a meeting or group, please call 828-298-1977 for more information.

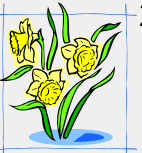


March 2010

Acronyms

- WACIL** -Western Alliance Center for Independent Living 828-298-1977
- TBI** -Traumatic Brain Injury
- NAMI** - National Alliance On Mental Illness
- NAMI WC**—AVL meeting
- NAMI FS**—HVL meeting
- AVL**—Asheville
- HVL**-Hendersonville
- SAFE**-Support & Family Education (VA Hospital)
- More info:**
- HVL Mayor's Advocacy Council** 828-298-1977
- AVL Mayor's Comm for Persons w/ Disabilities** 828-277-4868
- Smoky Mtn Deaf Club** 800-681-8035 TTY
- Consumer & Fam Adv Council** 828-225-2785 x 2979
- Myasthenia Gravis Group** 828-698-3928
- Diabetes Support Group** 828-213-4700
- WNC Families Can** 828-687-1157
- Peer Specialist Support Grp** 828-298-1977
- Fibromyalgia Support Group** 828-665-0082

{info updated 2.15.2010}

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Peer Specialist Support Grp 5pm	2 9am HVL Mayors Adv Council	3 3:30pm Advisory Board Meeting	4	5	6 10am NAMI WC Mountainhouse
7 7pm A New Kind of Listening	8	9 1-3p No Pal Left Behind See flyer!!!	10	11 4:30 Cornerstone Diabetes Group	12 10am-2pm Eating Well on a Budget	13 Hair Wars @ WCU call for info 298-1977
14 	15 Peer Specialist Support Grp 5pm	16	17 	18 2p Crafts Class 4p Irish Stew Potluck	19 10:30am AVL Mayors Comm for Persons w/ Disabilities	20 5pm Smoky Mtn Deaf Club Dinner
21	22 6p CFAC 225-2785 ext.. 2979	23	24 MG Support Group 698-3928	25	26	27 Spring begins! Mar 20th!
28 	29	30	31	Updated info: Cornerstone Diabetes Support Group meets 2nd Thursday each month at 445 Biltmore Ave, Suite 203 from 4:30p-6p. For more info call 828-213-4700		



DATES TO REMEMBER THIS MONTH:

- March 3rd: **Aktion Club Meeting**—3:30p—See flyer!
- March 9th: Computer classes 1-3pm—See flyer
- March 12th: **Eating Well on a Budget**—10a-2p—See flyer!
- March 18th: **Arts&Crafts Class** 2p- See flyer!
- March 18th: **Irish Potluck**— 4pm
- March 22nd: **CFAC**—6pm

